



THE LIGHTHOUSE

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MeAMSS membership

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2009 Education Meeting
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Mark your calendars!



Oct 30th -Mayo Regional
Hospital

May 13 & 14th, 2010
Biennial Conference
Wells, ME

FROM THE PRESIDENT

Lena McDougal, CPMSM, CPCS

In spite of the challenges of the world and our nation, I truly hope you were able to find a time and place for rest and relaxation during the summer. Managing a variety of tasks on a daily basis, often behind the scenes, make it imperative that we take time to refresh.

The Board has been busy and had an excellent meeting in July. You will be asked to supply contact information for two people at your facility whom you would like to receive a letter promoting both you as an MSP and the National Medical Staff Services Awareness Week, November 1-7.. We've had many positive comments about the letters in the past and want to continue this service for our members. If you missed the July educational session with Vicki Searcy, Consultant with Morrissey and Hugh Greeley Associates, you missed a day that was jam-packed with lots of information that was relevant to everyone.

I would encourage you to visit the MeAMSS Forum periodically to check out the NAMSS blogs that are posted. It will give you an idea of the work that NAMSS is doing for us.

Plans are underway for the biennial conference that's scheduled for May 13 & 14, 2010, at Village by the Sea in Wells. Rose is busy contacting potential speakers and putting together another exciting and informative conference for us. We would also encourage you to invite the Medical Staff leadership and Quality Department personnel from your facility to attend. We are adding a new event to our conference this year; on Wednesday evening we will host a President's Reception that will give us an additional opportunity for networking and visiting. **Be sure to mark your calendars now and plan to attend!**

Hope to see you all at our next educational session at Mayo Regional Hospital in Dover Foxcroft on October 30.

What is a Nocturnist?

Submitted by Rose Lyons, CPCS

I was processing an initial app for one of our hospitals and the doctor listed his specialty as a Nocturnist, I had never heard the term before so I looked it up and this is what I found.

A **Nocturnist** is a specialist [hospital](#)-based [doctor](#) who only works overnight. Some nocturnists are trained in [internal medicine](#), and have experience in [hospital medicine](#). However, there are nocturnists trained in other specialties, such as psychiatry. The main role of a nocturnist is to admit patients from an [emergency room](#), and to cross-cover previously admitted inpatients, through the night. A typical nocturnist works from 7pm to 7am.

The main advantages to a hospital from employing a nocturnist are:

1. Improved patient safety
2. Improved quality of care to inpatients
3. No "on-call" for physicians at home
4. Immediate admission and history & physical of patients waiting to be admitted
5. Immediate decompression of an emergency room
6. Decreased length of stay
7. Increased patient satisfaction

Nocturnists were first described in literature by Aman D. Sabharwal, MD in *The Hospitalist* in 2005.

References

Sabharwal, Aman, "Life as a Nocturnist", in *The Hospitalist*, Vol. 9, No. 3, pp.43-44

External links

- [Western US Nocturnist Positions](#)
- [Nocturnist.com](#), owned by Ritesh D. Patel, MD
- Sabharwal, Aman, "Life as a Nocturnist", in *The Hospitalist*, Vol. 9, No. 3, pp.43-44
- Sabharwal, Aman, etal. [<http://www.psqh.com/novdec05/bed-utilization.html>] "New Roles Improve

Bed Utilization"]. Patient Safety and Quality Healthcare. <http://www.psqh.com/novdec05/bed-utilization.html>.



Nocturnists don't sleep at night!

Maine Uniform Applications

The Maine Uniform Applications have been revised and distributed via e-mail. The new applications are also available on the MeAMSS website. I would like to thank the Task Force, Board of Directors, and all the MeAMSS members who provided feedback throughout this process. THANK YOU!!!

Rebecca West
Task Force Chair



GOOD VISION IN A DOWNPOUR

I'm always interested in articles about vision since I have vision problems. A friend emailed this to me and I tried it. It really works! I also use light tinted sunglasses at night to reduce glare. No one is really sure why it is so effective, it just is.

Most motorists would turn on HIGH or FASTEST SPEED of the wipers during heavy downpour, yet the visibility in front of the windshield is still bad. In the event you face such a situation, just try your SUN GLASSES (any model will do), and see what happens. All of a sudden, your visibility in front of your windshield is perfectly clear, as if there is no rain. Make sure you always have a pair of SUN GLASSES in your car, as you are not only helping yourself to drive safely with good vision, but also might save your friend's life by giving him this idea.

Try it yourself and share it with your friends! Amazing, you still see the drops on the windshield, but not the sheet of rain falling. You can see where the rain bounces off the road. It works to eliminate the "blindness" from passing trucks spraying you as well. It also helps with the "splash back" if you are following a truck or car in the rain. They ought to teach that little tip in driver's training. It really does work.

Kudos Korner

**Congratulations to Bonnie Wilson, CPCS, Acadia Hospital, Bangor.
Bonnie received her NAMSS Certification in March**



Maine Association Medical Staff Services Professionals - Library Resources

Updated August 26, 2009

Instructions for Requesting a Loan:

1. [Materials will be available for loan at all MeAMMS meetings.](#)
 2. **If you would like a book mailed to you please [Download the request form](#). It is on page 3 of the Purchase and Loan of Educational Materials policy and fax to 866-568-4795 or email the form to rl Lyons@synernet.net Once I receive your request I will mail the book to you along with the postage amount due to Synernet.**
- Call [Rose Lyons at 207-771-3489 ext 2 with any questions.](tel:207-771-3489)**

MeAMSS Lending Library Inventory 2009

| Author | Copyright year | Title | Format/ Media Type |
|--|-----------------------|---|---------------------------|
| Hugh Greeley | 2001 | The New Credentialing Standard: Protecting Patients and Healthcare Organizations | Book |
| Robert Marder, MD Richard Sheff, MD | 2004 | 10 Steps to Successful Physician Profiling | Book |
| Richard Sheff, MD Todd Sagin, MD, JD | 2004 | A Practical Guide to Preventing & Solving Disruptive Physician Behavior | Book w/CD |
| Carol Cairns, CPMSM, CPCS | 2004 | Verify and Comply 3 rd Addition: A quick reference guide to the JC & NCAQ Standards for Credentialing | Book |
| JC Resources | 2003 | Credentialing, Privileging, Competency, and Peer Review: Examples of Compliance | Book |
| John Rosing, MHA, FACHE Cindy Gassiort, CPMSM, CPCS | 2005 | AHP Competencies: A Method for Effective Assessment | Book |
| Carol Cairns, CPMSM, CPCS Sally Pelletier, CPMSM, CPCS Donna Goestenkors, CPMSM | 2008 | The FPPE Toolbox: Field Tested Documents for Credentialing, Competency, and Compliance | Book w/CD |
| hcPro | | Peer Review Under Fire: Structuring a Defensible Peer Review Process | 2 CD's |
| JC Resources | 2003 | Credentialing, Privileging, Competency, and Peer Review | 2 Books |
| Albert Fritz, MHA Richard Sheff, MD | 2002 | The Medical Executive Committee Handbook | Book |
| Carol Cairns, CPMSM, CPCS | 2007 | Verify and Comply 4 th Addition: A quick reference guide to the JC & NCAQ Standards for Credentialing | Book |
| Vicki Searcy & Peggy Greeley | 2005 | Professional Excellence=Professional Advancement: 101 Smart things every Medical Staff Service Professional Should Do | Book |
| hcPro | | The AHP/LIP Credentialing Conundrum | Cassette (audio) |

| | | | |
|-------------------------------|------|---|------------------|
| The Greeley Education Company | | Conducting Criminal Background Checks and Avoiding Legal Headaches | Cassette (audio) |
| hcPro | | How to Ensure Timely Reappointments and Avoid Type 1s | Cassette (audio) |
| hcPro | 2001 | Resolving Difficult and Pertinent Issues in Credentialing | Cassette (audio) |
| hcPro | | Understanding changes to JCAHO's Credentialing and Privileging Standards: From Measuring Competence to Maintaining Privileges | CD-rom |

Library Team Leader Note: When a survey was taken 2-3 years ago, a majority of MeAMSS members indicated their desire to have a resource library. The library was developed; however, it has received very little use. If there is some reason you are not using the resources, please let Rose know.

Thanks, Pat O'Connor

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| FROM THE EDITOR |  | I need your help!! |
|------------------------|---|---------------------------|

As you have noticed, the issues of the Lighthouse have become shorter lately. That is because I have not received many contributions and have not been researching articles myself. When I accepted the nomination for this position, I stated I would edit only and not write the entire newsletter. The Board agreed. Due to vision problems, I can no longer research articles and have to start abiding by the statement I made in the first place. Therefore, I need your help.

If you or anyone you know of has achieved certification, that is newsworthy, to drop me an email article. If you have changed any bylaws, policies, procedures that make your job easier, the rest of us would be interested in knowing about it. If you have done anything different or unusual in recognition of MSSP week, it would be great to hear about it.

The summer is passing quickly and before I know it, I will be putting together the December issue. Last December we had a section on holiday traditions that was very popular and received a lot of good feedback. I would like to try that again, so search your memories for these traditions and send me an article. It would be greatly appreciated.

Thanks in advance for your help.

Pat O'Connor
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HELPFUL WEBSITES

2009 MeAMSS Board

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<http://www.maine.gov/sos/cec/rules/10/chaps10.htm>
<http://www.royalcollege.ca/>
<http://www.state.me.us/pfr/olr/>
<http://www.archives.gov/locations/index.html>
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[jointcommission.org](http://www.jointcommission.org)
<https://www.nursvs.com/Common.asp?pt=LICENSEVERIFICATION>
<http://www.maine.gov/boardofnursing>
http://cms.hhs.gov/manuals/Downloads/som107ap_a_hospitals.pdf

REMEMBER THAT YOUR CONTRIBUTIONS ARE VITAL
TO A MEANINGFUL NEWSLETTER
DEADLINE DATE FOR THE DECEMBER ISSUE IS NOVEMBER 25TH.